

## Face Therapy

### ELEMIS SPA THERAPY FOR WOMEN & MEN

These superior face & eye treatments include a luxurious hand, arm & scalp massage for ultimate relaxation. The skin is deeply cleansed and stimulated by specialist Eastern massage techniques.

### ELEMIS SPA THERAPY FOR WOMEN

#### **Elemis Advanced Anti Ageing Facial:** 75 mins **85€**

Choose between....

##### **Visible Brilliance Facial:**

With revolutionary results, this intense moisturising treatment instantly firms, rejuvenates and plumps skin, whilst helping to reduce dark circles.

Or

##### **Pro-Collagen Quartz Lift Facial**

Helps slow down the visible signs of ageing & reduce the appearance of fine lines & wrinkles.

#### **Elemis Skin Specific Facial:** 50 mins **55€**

Choose between....

##### **Fruit Active Glow**

Bring back the glow to a lifeless complexion. Powerful conditioning actives, nourish and renew vital radiance.

##### **Exotic Moisture Dew**

Treat your skin to a moisture boost. The skin is fed with actives that will bring back that healthy dewy look.

##### **Herbal Lavender Repair**

For perfect restoration of skin balance. This facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

#### **Elemis Taster Facial:** 30min **35€**

This introductory facial provides a quick and instant pick-me-up for any occasion.

#### **Elemis Advanced Performance Facials:** 60mins **75€**

Choose between...

##### **Oxygen Skin Calm Facial:**

Using a Japanese silk mask to help soothe delicate, fragile & sensitive complexions.

Or

##### **S.O.S Purifying Facial:**

A purifying & repairing treatment for congested skin, helps to regulate & re-balance the skin.

### ELEMIS SPA THERAPY FOR MEN

#### **Elemis Advanced Anti Ageing Facial:** 75 mins **85€**

Choose between....

##### **Mens Skin IQ Facial**

Anti-Ageing booster for tired, stressed skin. Helps to calm irritation and minimise the signs of ageing. This facial is the ultimate overhaul for male skin.

##### **Mens Urban Cleanse Facial**

Deep cleanse and skin detox. Eliminate blocked pores, rapidly accelerating skin repair and neutralising impurities, leaving the skin visibly clear and squeaky-clean.

### GUINOT PARIS

#### **Hydradermie:** 55 mins **60€**

Pure & natural ingredients penetrate into the lower layers of your skin to flush out impurities & hydrate. Customised to prevent break outs & meet your skin's individual needs.

#### **Hydradermie Plus:** 75 mins **75€**

#### **Super Hydradermie Lift:** 80 mins **90€**

The only facial to work on all problem areas in one, smoothes away fine lines, rejuvenates tired skin, with immediate results. The crème de la crème of all facials!

### SPECIALISED ANTI-AGEING

#### **Oxygen Lifting Facial:** 60 mins **85€**

Purified Oxygen is pushed into the lower layers of the skin to plump up the collagen for a radiant glow that lasts. Meso energy is used for deeper penetration of serums giving the ultimate anti-aging facial.

**Genie Tech: The latest in non surgical face lifting & body sculpting** Helps lifts the jowls, tightens & tones the facial muscles, slims & reduces target areas with inch loss, tones & builds muscle mass, helps reduce cellulite, see results in less than 20 minutes!

**Face:** 1 session: **40€**. Course of 10: **360€**.

**Body:** price on consultation.

#### **Eyes like Diamonds** **40€**

For drooping eyelids, dark circles & puffiness. Can be included in with any of the facial treatments.

## Body Therapy

#### **Elemis Absolute Spa Ritual:** 2 hrs **140€**

Choose from one of the unique Elemis Advanced Anti-Ageing or Skin Specific Facials and combine it with the powerful effects of a Deep Tissue Muscle Massage.

#### **Cellutox Ocean Cocoon:** 75 mins **75€**

A deep, detoxifying blend to decongest & stimulate the system, boosting metabolism & increasing energy levels.

#### **Musclease Aroma Ocean Spa Wrap:** 75 mins **75€**

Combined with pressure point facial massage & de-stress scalp treatment. A powerful seaweed wrap for complete muscle relaxation!

#### **Fennel Cleansing Cellulite & Colon Therapy:** 50 mins **75€**

Boosts circulation & reduces fluid retention. A detoxifying fennel body mask improves cellulite & skin texture.

#### **Exotic Frangipani Body Nourish Wrap:** 50 mins **65€**

Warm Monoi oil is drizzled over the body, drenching the skin with moisture and luxurious Frangipani scents.

#### **Exotic Coconut Rub & Milk Ritual:** 50 mins **65€**

A traditional Balinese recipe to polish & soften skin combined with a de-stress scalp & face massage.

#### **Exotic Lime & Ginger Salt Glow:** 40 mins **45€**

#### **Elemis Aroma Stones:** 75min **75€**

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body.

#### **Herbal Thai Massage:** 60 mins **65€**

#### **Herbal Thai Face & Body:** 90 mins **90€**

Thai dumplings contain up to 20 traditional Thai herbs such as lime, turmeric, lemongrass, camphor, & menthol

#### **Deep Tissue Massage:** 55 mins **65€**

#### **Deep Tissue Back Massage:** 30 mins **40€**

#### **Aromatherapy Well Being Massage:** 55 mins **65€**

#### **Full Body Massage:** 55 mins **60€**

#### **Back, Neck & Shoulder massage:** 30 mins **35€**

#### **Indian Head Massage:** 30 mins **40€**

#### **Aroma Flex (massage & reflexology):** 60 mins **66€**

#### **Reflexology:** 50 mins **50€**

## WAXING & EYELASHES

<b>Semi Permanent Eyelash Extensions</b> (Lasts 4-6 wks)	<b>60€</b>
<b>Party Lashes</b> (lasts 7-10 Days)	<b>20€</b>
<b>Eyelash Tinting</b>	<b>15€</b>
<b>Half Leg Wax</b>	<b>22€</b>
<b>Full Leg Wax</b>	<b>30€</b>
<b>Underarm</b>	<b>15€</b>
<b>Bikini Wax from</b>	<b>15€</b>
<b>Eyebrow Tidy / Tinting / Lip Wax</b>	<b>10€</b>
<b>Eyebrow Re-shape</b>	<b>15€</b>
<b>Make Up</b>	from <b>35€</b>
<b>Spray Tan: Fake Bake</b>	<b>35€</b>

## DENTAL SERVICES

All dental services available on request.

**Teeth whitening** from **150€**

## FINGERS & TOES

<b>Men's Luxury Pedicure</b>	<b>35€</b>
<b>Ladies Luxury Pedicure</b>	<b>38€</b>
<b>Regular Manicure or pedicure</b>	<b>25€</b>
<b>File &amp; Polish</b>	<b>17€</b>
<b>Nail Art</b>	from <b>3€</b>
<b>Acrylic nails</b>	Full set: <b>50€</b> Infills: <b>25€</b>

## SALON SERVICES

<b>Ladies Cut &amp; Blow Dry</b>	Short hair: <b>42€</b> . Long hair: <b>48€</b>
<b>Shampoo &amp; Blow Dry</b>	Short hair: <b>25€</b> . Long hair: <b>30€</b>
<b>Gents Wash &amp; Scissor Cut</b>	<b>15€</b>
<b>Hair Restoration Treatment with Blow Dry</b>	<b>40€</b>
<b>Tint:</b>	Roots: <b>30€</b> . Full head: <b>50€</b>
<b>High Lights:</b>	Half head: <b>65€</b> . Full head: <b>85€</b>
<b>Honey &amp; Gold Brazilian Keralin straightening treatment:</b>	<b>150€</b>
An innovative treatment that transforms frizzy hair to sleek, silky hair, leaving it feeling super soft.	
<b>Wedding Hair:</b>	price by quotation

## Special Packages

<b>Bride to Be:</b> 90mins	<b>120€</b>
We'll help you prepare for your big day!	
<b>Polish hands &amp; feet</b>	
<b>Eye lash Tint &amp; Eye Brow Tidy</b>	
<b>Fig &amp; Vanilla Body Glow Treatment</b>	
Exfoliate & polish your skin, includes application of Elemis Skin Smoothing Lotion for a silky body.	
<b>Party lashes</b>	

<b>Ladies Day Out:</b> 75 mins	<b>79€</b>
Elemis Skin Specific Facial with hand & arm massage	
De-stress back, neck & shoulder massage	
File & Polish	
With optional wash & blow dry	
	<b>105€</b>

<b>Gentleman's Grooming Time:</b> 70 mins	<b>80€</b>
Elemis hot towel facial	
De- stress scalp massage	
Muscle melting back massage	
Nail Buff	

<b>Mum To Be / New Mum:</b> 65 mins	<b>70€</b>
Rebalancing facial with neck, shoulder & facial massage	
Foot & ankle massage	

<b>Detox Spring Clean Reviver:</b> 165 mins	<b>140€</b>
Cellutox Ocean Cocoon or Fennel Colon Therapy	
Energising massage	
Lime & Ginger Salt Glow	

<b>Pure Heaven:</b> 240 mins	<b>250€</b>
Exotic coconut milk ritual	
Rebalancing well-being massage	
Deluxe intensive manicure	
Facial of your choice	
Blow Dry	

Prices are valid from April 2010, Gift vouchers are available. The spa is open Sundays by appointment only, Credit Card details are required when booking appointments for over 50 euros. 50% cancellation charge is applicable without 24 hours notice.



Ask reception for our various offers & other treatments available!! For reservations and bookings please phone:

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# El Oceano



*Treatment Suites & Hair Studio*